

# Naomi Delgado

Providence, RI | 401-555-1421 | [NaomiDDelgado@uri.edu](mailto:NaomiDDelgado@uri.edu) | [linkedin.com/in/naomiddelgado](https://www.linkedin.com/in/naomiddelgado)

April 11, 2024

Jessica Ramos, Hiring Manager  
Elwyn Behavioral Services  
628 Park Avenue, Unit 1D  
Cranston, RI 02910

RE: Job #856975 - Mental Health Internship

Dear Ms. Ramos,

I am writing to express my enthusiastic interest in the Mental Health Internship opportunity with Elwyn, as posted on Handshake. I first learned about this position from Ms. Samantha Lee, who encouraged me to apply after we connected during the University of Rhode Island (URI) Spring Career Fair on March 26.

Your commitment to inclusive mental health care and outreach initiatives greatly resonates with me, especially your focus on serving diverse communities. I am a senior at URI, majoring in Human Development and Family Science with a minor in Psychology, and I am eager to apply my academic knowledge, practical experience, and passion for social justice in this internship to make a meaningful impact in the field of mental health.

Some of my relevant experience and skills include:

- **Involvement in social justice and inclusion efforts:** Through my role as a member of PINK Women at URI, I have had the opportunity to collaborate with peers on initiatives aimed at promoting equity and inclusion, particularly in mental health awareness. We worked on campaigns that supported mental well-being for underrepresented communities on campus, ensuring that our events and resources were accessible and welcoming for all students.
- **Academic background in human development and mental health:** I have completed coursework in developmental psychology, abnormal psychology, and introduction to counseling, which have equipped me with a solid understanding of mental health issues and how they intersect with family dynamics and societal factors. My coursework has been complemented by hands-on experience in interviewing, case analysis, and community engagement, giving me practical insights into mental health service delivery.
- **Leadership and communication skills:** As a key member of PINK Women, I co-led discussions on intersectionality, self-care, and mental health, facilitating conversations that empowered students to share their experiences and seek support. My role as a peer mentor for underclassmen has honed my ability to listen empathetically, offer guidance, and foster a supportive environment. These skills have also been developed through my volunteer work at local community centers, where I assisted in creating inclusive support groups for individuals experiencing mental health challenges.
- **Strong commitment to diversity and advocacy:** My passion for mental health advocacy extends beyond the classroom. I have volunteered with local organizations that focus on mental health awareness, particularly for underrepresented groups. I have an understanding of how social, cultural, and economic factors affect access to mental health services, and my goal is to help bridge these gaps through compassionate care and outreach.

I am confident that my academic background, dedication to social justice, and academic coursework in mental health coursework make me a strong candidate for this internship. I am excited about the opportunity to contribute to your team at Elwyn and learn from your expertise in providing inclusive mental health services. Thank you for your time and consideration. I look forward to discussing how I can contribute to your team.

Sincerely,  
Naomi Delgado