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Creating an Accurate Cause of Death Statement on a Death Certificate

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A death certificate is a vital legal document that contains the date, location, and cause of a person's death. The information provided on the death certificate is as important to families and the health of the population as the information entered in medical records is to individuals. Even so, physicians, who have primary responsibility for determining the cause and manner of death, often receive little formal training in completing the death certificate.

A death certificate is vital not only for settling estates, closing bank accounts, determining insurance and pension benefits, and providing evidence in court, it is also important for monitoring mortality trends, providing outcome data for research studies, and for setting priorities for health-related funding, research, and interventions. In some circumstances, death certificates may also be used for surveillance of unusual health conditions and conditions of public health significance.

In most cases, the attending physician is responsible for determining and completing the cause-of-death section on the death certificate. Since statistical data are derived from this, it is important to complete the death registration process as accurately and promptly as possible.

The Process

On October 1, 2007, Los Angeles County implemented the web-based California Electronic Death Registration System (CA-EDRS) to expedite the death registration process. This paperless

Death certificates are important legal documents. Physicians play a vital role in ensuring that the medical information is accurate, timely, and complete.

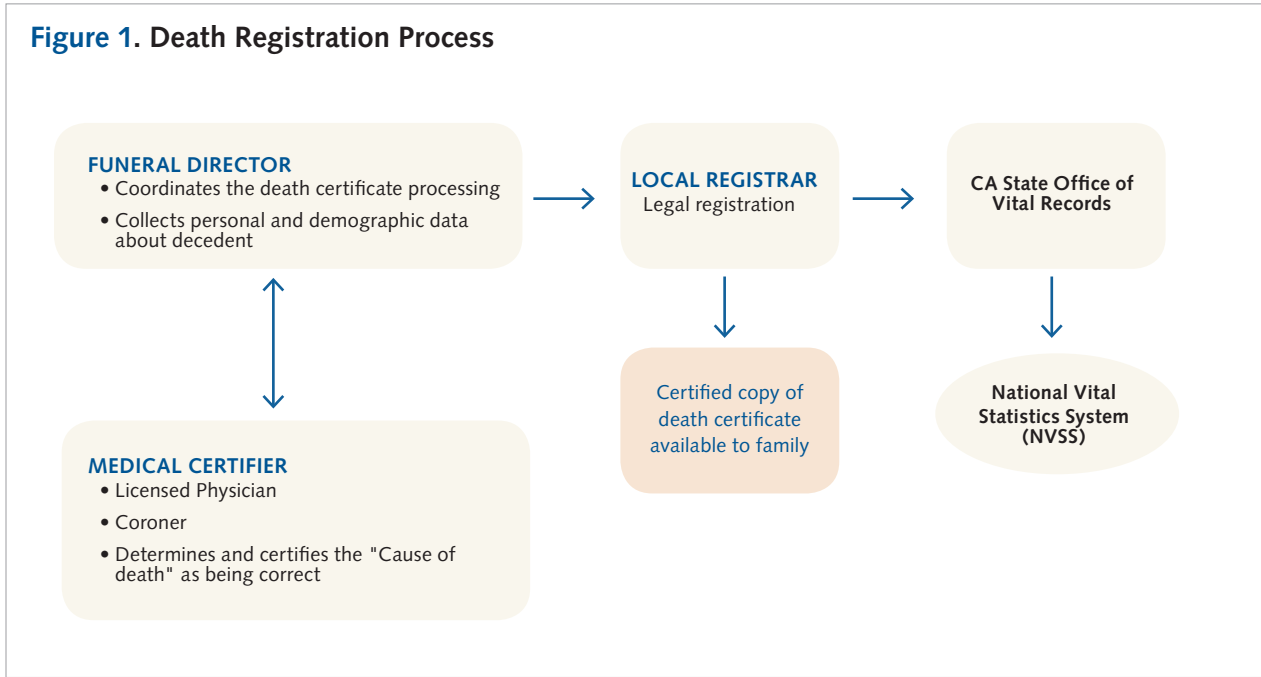
system enables funeral directors, physicians, coroners, and hospitals to submit electronic death certificates for registration 24 hours per day. This around-the-clock access assures that death registration can occur within the 8 days required by California law and that the cause of death can be reported by the physician within the required 15 hours (California Health and Safety Code, Chapter 6, Article 1, §102775-102805).

The funeral director initiates the death registration process by gathering personal and demographic information about the deceased—this responsibility makes the funeral director the anchor of the death registration system. Next, the attending physician or coroner completes the medical portion of the death certificate to determine the manner in which the individual died. Medical examiners or coroners are responsible for investigating any cause of death that is unexpected, unexplained, or resulting from injury, poisoning, or a public health threat. If a case is referred to the coroner, the coroner enters cause-of-death information directly into CA-EDRS under the “Coroner’s use only” section.

In most cases, however, the attending physician is responsible for determining the cause of death. The physician

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receives a cause-of-death worksheet provided by the funeral director; once completed, he or she returns it to the funeral director. The death certificate is then forwarded to the local Department of Public Health; in LA County, it is the Registrar for the LA County Department of Public Health. The death certificate is reviewed and the cause of death is checked for compliance with the International Classification of Diseases 10th revision (ICD-10) rules and for acceptance of the death certificate in accordance with state guidelines. Once the death certificate is accepted by the local Registrar, the physician must attest to the accuracy of the cause-of-death information on the certificate. This is done remotely using either a fax machine to send the physician’s signed attestation to the funeral home or by telephone, which requires the physician to dial a toll-free number to provide a voice attestation. The death certificate can then be submitted to the Public Health Registrar by the funeral director for legal registration.

Throughout the death registration process, information is entered directly into CA-EDRS. Los Angeles County data are incorporated into both state and national databases, which are used to describe the characteristics of those who died, to determine life expectancy, and to compare mortality trends and patterns with other jurisdictions. Mortality data for Los Angeles County residents are summarized annually in a report that describes the leading causes of death and premature death and that examines 10-year mortality trends.¹ Nationally, the Centers for Disease Control and Prevention’s National Center for Health Statistics (NCHS) compiles data for the United States that are also published annually.² Figure 1 depicts the sequence of events that occur throughout the course of the death registration process.

The Cause-of-Death Section: Instructions for Physicians

Section 107 of the California Certificate of Death (Figure 2) is the most difficult section to complete. It is the physician’s responsibility to report the cause of death as correctly as possible based on his or her best medical opinion. The section consists of two parts. Part I is a sequential list of conditions leading to the immediate cause of death and the time intervals between their onset and the death. Part II is a list of other conditions contributing to, but not directly causing, death.

PART I

Immediate cause of death: Item 107(A) is for the immediate cause of death. This should be a disease, condition, or injury that directly resulted in death. A common error is to list a mechanism of death (for example, cardiac arrest) rather than a disease (myocardial infarction). Vague terms such as “brain dead” or “pulmonary arrest” cannot be used on the death certificate. If cancer is the immediate cause of death, the primary site, cell type, and specific organ or lobe affected must be listed. Examples are “adenocarcinoma of sigmoid colon” or “squamous cell cancer of the breast.” Terms such as “old age” or “senescence” are not acceptable since they do not actually cause death. Autopsy cases must always be referred to the coroner (with the exception of a few teaching medical facilities) and, in some cases, it is appropriate for the coroner to list the cause of death as “deferred” while waiting for the cause of death results. If a death certificate is registered as “deferred,” an amendment needs to be filed by the coroner in CA-EDRS as soon as the results are available. In rare circumstances, after investigation, the coroner may list the cause of death as

Figure 2. Sample Form of California Certificate of Death

STATE FILE NUMBER		STATE OF CALIFORNIA USE BLACK INK ONLY / NO ERASURES, WRITED OUTS OR ALTERATIONS VS-11 (REV 3/08)		LOCAL REGISTRATION NUMBER		
DECEDENT'S PERSONAL DATA	1. NAME OF DECEDENT— FIRST (Given)		2. MIDDLE		3. LAST (Family)	
	AKA, ALSO KNOWN AS— Include full AKA (FIRST, MIDDLE, LAST)			4. DATE OF BIRTH mm/dd/ccyy	5. AGE Yrs. : Months : Days	6. SEX : IF UNDER ONE YEAR : IF UNDER 24 HOURS : Hours : Minutes
	9. BIRTH STATE/FOREIGN COUNTRY	10. SOCIAL SECURITY NUMBER	11. EVER IN U.S. ARMED FORCES? <input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNK	12. MARITAL STATUS/SRDP* (at Time of Death)	7. DATE OF DEATH mm/dd/ccyy	8. HOUR (24 Hours)
	13. EDUCATION - Highest Level/Degree (see worksheet on back)	14/15. WAS DECEDENT HISPANIC/LATINO(A)/SPANISH? (If yes, see worksheet on back) <input type="checkbox"/> YES <input type="checkbox"/> NO		16. DECEDENT'S RACE - Up to 3 races may be listed (see worksheet on back)		
	17. USUAL OCCUPATION - Type of work for most of life. DO NOT USE RETIRED		18. KIND OF BUSINESS OR INDUSTRY (e.g., grocery store, road construction, employment agency, etc.)		19. YEARS IN OCCUPATION	
USUAL RESIDENCE	20. DECEDENT'S RESIDENCE (Street and number, or location)					
	21. CITY	22. COUNTY/PROVINCE	23. ZIP CODE	24. YEARS IN COUNTY	25. STATE/FOREIGN COUNTRY	
INFORMANT	26. INFORMANT'S NAME, RELATIONSHIP		27. INFORMANT'S MAILING ADDRESS (Street and number, or rural route number, city or town, state and zip)			
	28. NAME OF SURVIVING SPOUSE/SRDP—FIRST		29. MIDDLE	30. LAST (BIRTH NAME)		
SPOUSE/SRDP AND PARENT INFORMATION	31. NAME OF FATHER/PARENT—FIRST		32. MIDDLE	33. LAST		
	35. NAME OF MOTHER/PARENT—FIRST		36. MIDDLE	37. LAST (BIRTH NAME)		
				38. BIRTH STATE		
FUNERAL DIRECTORY/ LOCAL REGISTRAR	39. DISPOSITION DATE mm/dd/ccyy	40. PLACE OF FINAL DISPOSITION				
	41. TYPE OF DISPOSITION(S)		42. SIGNATURE OF EMBALMER		43. LICENSE NUMBER	
	44. NAME OF FUNERAL ESTABLISHMENT		45. LICENSE NUMBER	46. SIGNATURE OF LOCAL REGISTRAR		
				47. DATE mm/dd/ccyy		
PLACE OF DEATH	101. PLACE OF DEATH		102. IF HOSPITAL, SPECIFY ONE <input type="checkbox"/> IP <input type="checkbox"/> ER/OP <input type="checkbox"/> OCA		103. IF OTHER THAN HOSPITAL, SPECIFY ONE <input type="checkbox"/> Hospice <input type="checkbox"/> Nursing Home/LTC <input type="checkbox"/> Decedent's Home <input type="checkbox"/> Other	
	104. COUNTY	105. FACILITY ADDRESS OR LOCATION WHERE FOUND (Street and number, or location)			106. CITY	
	107. CAUSE OF DEATH Enter the chain of events — diseases, injuries, or complications — that directly caused death. DO NOT enter terminal events such as cardiac arrest, respiratory arrest, or ventricular fibrillation without showing the etiology. DO NOT ABBREVIATE.					
CAUSE OF DEATH	IMMEDIATE CAUSE (Final disease or condition resulting in death)		Time Interval Between Onset and Death (AT)		108. DEATH REPORTED TO CORONER? <input type="checkbox"/> YES <input type="checkbox"/> NO REFERRAL NUMBER	
	Sequentially, list conditions, if any, leading to cause on Line A. Enter UNDERLYING CAUSE (disease or injury that initiated the events resulting in death) LAST		(BT)		109. BIOPSY PERFORMED? <input type="checkbox"/> YES <input type="checkbox"/> NO	
			(CT)		110. AUTOPSY PERFORMED? <input type="checkbox"/> YES <input type="checkbox"/> NO	
			(DT)		111. USED IN DETERMINING CAUSE? <input type="checkbox"/> YES <input type="checkbox"/> NO	
112. OTHER SIGNIFICANT CONDITIONS CONTRIBUTING TO DEATH BUT NOT RESULTING IN THE UNDERLYING CAUSE GIVEN IN 107						
113. WAS OPERATION PERFORMED FOR ANY CONDITION IN ITEM 107 OR 112? (If yes, list type of operation and date.)					113A. IF FEMALE, PREGNANT IN LAST YEAR? <input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNK	
PHYSICIAN'S CERTIFICATION	114. I CERTIFY THAT TO THE BEST OF MY KNOWLEDGE DEATH OCCURRED AT THE HOUR, DATE, AND PLACE STATED FROM THE CAUSES STATED. Decedent Attended Since Decedent Last Seen Alive		115. SIGNATURE AND TITLE OF CERTIFIER		116. LICENSE NUMBER	
	(A) mm/dd/ccyy	(B) mm/dd/ccyy	118. TYPE ATTENDING PHYSICIAN'S NAME, MAILING ADDRESS, ZIP CODE			
	119. I CERTIFY THAT IN MY OPINION DEATH OCCURRED AT THE HOUR, DATE, AND PLACE STATED FROM THE CAUSES STATED. MANNER OF DEATH <input type="checkbox"/> Natural <input type="checkbox"/> Accident <input type="checkbox"/> Homicide <input type="checkbox"/> Suicide <input type="checkbox"/> Pending Investigation <input type="checkbox"/> Could not be determined					
CORONER'S USE ONLY	120. INJURED AT WORK? <input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> UNK		121. INJURY DATE mm/dd/ccyy		122. HOUR (24 Hours)	
	123. PLACE OF INJURY (e.g., home, construction site, wooded area, etc.)					
	124. DESCRIBE HOW INJURY OCCURRED (Events which resulted in injury)					
	125. LOCATION OF INJURY (Street and number, or location, and city, and zip)					
	126. SIGNATURE OF CORONER / DEPUTY CORONER		127. DATE mm/dd/ccyy	128. TYPE NAME, TITLE OF CORONER / DEPUTY CORONER		
STATE REGISTRAR	A	B	C	D	E	
					FAX AUTH.#	
					CENSUS TRACT	

“Could not be determined” in Section 119. Abbreviations must never be used in section 107, and line 107(A) should never be blank.


Underlying cause of death: Items 107(B-D) are for the intermediate and underlying causes of death. This is the most significant piece of information on the certificate since most mortality analyses are based on the underlying cause of death. Every condition listed should cause the one above it. Thus, entering conditions in an illogical order will prompt the Public Health Registrar to question the cause of death and the certificate will be returned to the funeral director for revision. A useful way to make sure the order of the causes makes sense is to say the phrase “due to” or “as a consequence of,” moving from line A down to the last filled-in line. For instance, a death may be due to a pulmonary embolus, as a consequence of hip surgery, resulting from an injury from a fall, resulting from a cerebral infarction. Cerebral infarction is the underlying cause of death. Multiple conditions cannot be listed on 1 line in this section.

Time intervals: To the right of lines 107(A-D) are items 107(AT-DT) where the time intervals between the conditions listed and the time of death are to be listed. The more precise the time the better, but it is acceptable to estimate and use terms such as “approximately.” If the time interval is unknown and cannot be estimated, “unknown duration” can be listed. Something must always be entered on these lines next to the corresponding conditions; they cannot be left blank.

PART II

Other significant conditions: Item 112 is where other illnesses or conditions that may have contributed to the death, but were not the direct cause of it, can be listed. Multiple conditions may be listed here. There may be uncertainty as to the direct or contributing causes of death, so it is up to the physician to use his or her best medical judgment as to the most likely causes and sequences contributing to death.

The Big Picture

Most physicians at some point in their careers will complete a death certificate. The cause of death information from each death becomes a permanent legal record and part of our state and national mortality databases; therefore, it is important that physicians, together with all those involved in the death registration process, make every effort to complete each death certificate as accurately and completely as possible. Mortality data are important to physicians since they influence funding for medical and health research and can influence clinical practice. They are also critical for establishing public health priorities. The county’s annual mortality summary provides information about the leading causes of death and premature death. For example, in 2010, an average of 155 people died each day in Los Angeles County, including 35 from coronary heart disease, 9 from injuries, and 9 from stroke.¹ The remaining deaths resulted from such causes as emphysema, diabetes, pneumonia, liver disease, and cancer. Without properly completed death certificates, we would not be able to analyze mortality patterns and make them widely available. Additional resources and contact information are listed on page 5 for any questions regarding the death registration process. 

Case Study 1

A 68-year-old woman is admitted to the ICU because of acute chest pain. She has Type 2 diabetes, hypertension, obesity, and angina. Over the next 24 hours, an acute myocardial infarction is confirmed. Heart failure develops but improves with management. The woman then experiences a pulmonary embolus, confirmed by ventilation-perfusion lung scan and blood gases; over the next 2 hours she becomes unresponsive and dies. What should be written in the cause of death section?

107. CAUSE OF DEATH Enter the chain of events — diseases, injuries, or complications — that directly caused death. DO NOT enter terminal events such as cardiac arrest, respiratory arrest, or ventricular fibrillation without showing the etiology. DO NOT ABBREVIATE.		Time Interval Between Onset and Death	108. DEATH REPORTED TO CORONER?	
IMMEDIATE CAUSE (A) (First disease or condition resulting in death)	Pulmonary embolism	(AT) minutes	YES	NO
Secondarily, all conditions, if any, leading to cause on Line A. Enter (B)	Congestive heart failure	(BT) 4 days	109. BIOPSY PERFORMED? YES NO	
UNDERLYING CAUSE (disease or injury that initiated the events resulting in death) LAST (C)	Acute myocardial infarction	(CT) 7 days	110. AUTOPSY PERFORMED? YES NO	
(D)	Chronic ischemic heart disease	(DT) 8 years	111. USED IN DETERMINING CAUSE? YES NO	
112. OTHER SIGNIFICANT CONDITIONS CONTRIBUTING TO DEATH BUT NOT RESULTING IN THE UNDERLYING CAUSE GIVEN IN 107 Type 2 diabetes, Hypertension				
113. WAS OPERATION PERFORMED FOR ANY CONDITION IN ITEM 107 OR 112? (If yes, list type of operation and date.)			114. IF FEMALE, PREGNANT IN LAST YEAR? YES NO UNK	
114. IDENTIFY THAT TO THE BEST OF YOUR KNOWLEDGE DEATH OCCURRED AT THE HOUR, DATE, AND PLACE STATED FROM THE CAUSES STATED. Decedent: <u>Armeded Since</u> Decedent: <u>Last Seen Alive</u>		115. SIGNATURE AND TITLE OF CERTIFIER		116. LICENSE NUMBER
(A) <u>mm/dd/yyyy</u>	(B) <u>mm/dd/yyyy</u>	117. TYPE ATTENDING PHYSICIAN'S NAME, MAILING ADDRESS, ZIP CODE		117. DATE (mm/dd/yyyy)

Case Study 2

A 75-year-old female has a 15-year history of Type 2 diabetes, history of hypertension, and an uncomplicated myocardial infarction 6 years prior. Her daughter found her disoriented in her home and brought her to the hospital. On admission, she was unresponsive. Laboratory tests disclosed severe hyperglycemia, hyperosmolarity, azotemia, and mild ketosis without acidosis. A diagnosis of hyperosmolar nonketotic coma was made. She was vigorously treated, and within 72 hours her hyperosmolar and hyperglycemic state was resolved. However, she remained anuric with progressive azotemia. Attempts at renal dialysis were unsuccessful. The patient died 8 days later in severe renal failure. What should be written in the cause of death section?

107. CAUSE OF DEATH Enter the chain of events — diseases, injuries, or complications — that directly caused death. DO NOT enter terminal events such as cardiac arrest, respiratory arrest, or ventricular fibrillation without showing the etiology. DO NOT ABBREVIATE.		Time Interval Between Onset and Death	108. DEATH REPORTED TO CORONER? <input type="checkbox"/> YES <input type="checkbox"/> NO REFERRAL NUMBER:
IMMEDIATE CAUSE (A) (Final disease or condition resulting in death)	Acute renal failure	(AT) 5 days	
Sequentially list conditions, if any, leading in cause, on Line A. Enter UNDERLYING CAUSE (disease or injury that initiated the events resulting in death) LAST	Hyperosmolar nonketotic coma	(BT) 8 days	109. BIOPSY PERFORMED? <input type="checkbox"/> YES <input type="checkbox"/> NO
	Type 2 diabetes	(CT) 15 years	110. AUTOPSY PERFORMED? <input type="checkbox"/> YES <input type="checkbox"/> NO
		(DT)	111. USED IN DETERMINING CAUSE? <input type="checkbox"/> YES <input type="checkbox"/> NO
112. OTHER SIGNIFICANT CONDITIONS CONTRIBUTING TO DEATH BUT NOT RESULTING IN THE UNDERLYING CAUSE GIVEN IN 107 Hypertension, Previous myocardial infarction			
113. WAS OPERATION PERFORMED FOR ANY CONDITION IN ITEM 107 OR 112? (If yes, list type of operation and date.)		113A. IF FEMALE, PREGNANT IN LAST YEAR? <input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> N/A	
114. CERTIFY THAT TO THE BEST OF YOUR KNOWLEDGE DEATH OCCURRED AT THE HOUR, DATE, AND PLACE STATED FROM THE CAUSES STATED.		115. SIGNATURE AND TITLE OF CERTIFIER	116. LICENSE NUMBER
(A) Decedent Attended Since	(B) Decedent Last Seen Alive	117. DATE	
(A) mm/dd/yyyy	(B) mm/dd/yyyy	118. TYPE ATTENDING PHYSICIAN'S NAME, MAILING ADDRESS, ZIP CODE	

Additional Resources for Physicians

CDC Physician Handbook on Death Certification
www.cdc.gov/nchs/data/misc/hb_cod.pdf

Improving Cause of Death Reporting (online tutorial)
<http://www.cdc.gov/primarycare/materials/online-trainings/icdr/player.html>

CDC NCHS Mortality Data from the National Vital Statistics System
<http://www.cdc.gov/nchs/deaths.htm>

California Electronic Death Registration System Website
<http://www.edrs.us/edrs/index.jsp>

Contacts

Los Angeles County Department of Public Health, Public Health Registrar

Gustavo Feregrino (213) 240-8029
 Roland Carrillo (323) 869-8510
 Alma Ortega (323) 869-8512
 Gregory Mercado (213) 989-7073

LA County Department of Coroner

Dr. Mark A. Fajardo, Chief Medical Examiner Coroner,
 (323) 343-0512; After hours, (323) 343-0714

CA-EDRS Help Desk

(916) 552-8123

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- Centers for Disease Control and Prevention. National Vital Statistics Reports, Deaths: Final Data for 2010. May 2013.

Electronic Cigarettes

What Health Care Providers Should Know

Susan Bradshaw, MD, MPH, ABIHM

Tonya Gorham Gallow, MSW

Electronic cigarettes, or e-cigarettes, are battery-operated devices designed to create a vapor that is inhaled by the user (“vaping”). The vapor is produced by heating an internal cartridge that is typically filled with a solution of nicotine, flavors, and other chemicals. The inhaled vapor produces a sensation similar to that of inhaled tobacco smoke.¹⁻³ E-cigarettes are being widely marketed as a healthier alternative to conventional cigarettes and as a “safe” smoking-cessation aid. Although there are anecdotal reports of smokers who have found e-cigarettes to be helpful in their efforts to quit smoking, the efficacy of e-cigarettes as an aid in smoking cessation has not been demonstrated. These products are currently unregulated and their benefits as well as risks among youth and adults have not been well-studied.⁴

In recent years, there has been an explosion in the popularity of e-cigarettes. Created in China, e-cigarettes became readily available internationally in 2006. Since then, the industry has grown from a few thousand users to several million worldwide. In the United States, retail sales of e-cigarettes doubled from \$250 million to \$500 million between 2011 and 2012, and sales are expected to quadruple by 2014.⁵⁻⁶

Of particular concern is the rapid rise in use among youth. According to the Centers for Disease Control and Prevention (CDC), the percentage of high-school students in the U.S. who had ever used e-cigarettes doubled from 4.7% to 10% between 2011 and 2012. During the same 2-year period, the percentage of middle-school students who had ever used e-cigarettes doubled from 1.4% to 2.7%. In 2011, about 21% of adults who smoked traditional cigarettes had used electronic cigarettes, up from about 10% in 2010.⁷⁻⁸ This is unfortunate because some tobacco control researchers believe e-cigarettes may be a socially acceptable gateway to nicotine addiction and the renormalization of tobacco use.

E-cigarette Products

E-cigarettes come in many varieties, including e-pens, e-cigars, and e-hookah products. They contain e-cigarette liquid, also known as e-liquid, generally a solution of propylene glycol, vegetable glycerin, and/or polyethylene glycol mixed with concentrated flavors; and a variable concentration of nicotine, including nicotine-free versions. E-liquid is available in a variety of flavors.

Recent studies have identified serious problems associated with the lack of product standards and regulation. Manufacturers do not always accurately label the amount of nicotine in their products. The U.S. Food and Drug Administration (FDA) found that certain cartridges labeled as “No nicotine” actually contained nicotine, and that other cartridges labeled as containing identical amounts of nicotine contained markedly different amounts of nicotine. One study examined 6 brands of products for design, content, quality, and product information, including warnings. Most of the products leaked when handled, creating the potential for dermal nicotine exposure and potential nicotine poisoning.

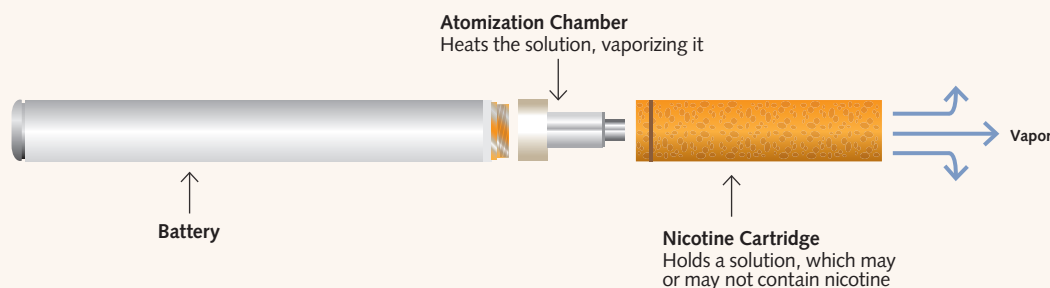
Health and Safety Risks

The rise in consumption of e-cigarettes is very worrisome because early studies indicate these products may not be safe. At least 10 chemicals identified in e-cigarette aerosol (or the vapor) are on California’s Proposition 65 list of carcinogens and reproductive toxins.

The compounds that have been identified in e-cigarette aerosol include acetaldehyde, benzene, cadmium, formaldehyde, isoprene, lead, nickel, nicotine, N-nitrosornicotine, and toluene. Chemicals found in e-cigarette aerosol include metals, such as chromium and tin nanoparticles; tobacco-specific nitrosamines, chemicals known to cause cancer; and diethylene glycol, a substance commonly found in antifreeze.

The concentrations for most of the above elements in e-cigarette aerosol were higher or equal to the corresponding concentrations in conventional cigarette smoke.

Diagram of an Electronic Cigarette



Another health concern is the chronic inhalation of propylene glycol, the main ingredient in e-liquid. Even though propylene glycol is FDA-approved for oral consumption, the inhalation of vaporized nicotine in propylene glycol is not. Short-term exposure causes eye, throat, and airway irritation, and long-term exposure can result in children developing asthma. Some studies show that heating propylene glycol changes its chemical composition, producing small amounts of propylene oxide, a known carcinogen.

Nicotine toxicity is a significant health concern, given reports of accidental poisonings from e-cigarette products on the rise, particularly among children. E-cigarette-related calls to poison control centers tripled between 2012 and 2013, and the number of poisonings jumped to 1,351 in 2013, a 300% increase from 2012. The CDC reported a dramatic rise in the number of e-cigarette-related phone calls to poison control centers, from just 1 call per month on average in 2010 to nearly 200 calls per month in early 2014. More than 50% of the calls involved children aged 5 and under.

Signs of Nicotine Toxicity

Liquid nicotine is far more dangerous than that found in other tobacco products because it is absorbed more quickly. Toxicologists identify potential dangers of e-liquids because of their neurotoxicity and ability to be lethally absorbed quickly through the skin.

Health care providers should be familiar with signs and symptoms related to nicotine toxicity. Mild symptoms include nausea, vomiting, dizziness, drowsiness, increased heart rate, and increased blood pressure. More severe symptoms include seizures, decreased heart rate, and decreased blood pressure.

Symptoms from skin or eye exposure include irritation, redness, severe pain, and inflammation, and may result in whole-body toxicity.


Recommendations

Given the unknown public health impact and the current lack of regulation, the Los Angeles County Department of Public Health recommends a precautionary approach regarding the use of e-cigarettes until further research is available. The CDC, along with other health agencies, recommend that health care providers consider the following actions:

- Be well-informed and vigilant that e-cigarettes have the potential to cause acute adverse health effects and represent an emerging public health concern.
- Inform patients of potential dangers of e-cigarettes and encourage parents to talk to their children and to discourage use. Advise patients to keep e-cigarettes out of reach of children, preferably locked in a secure place.
- Inform patients that e-cigarettes have not been approved by the FDA as a quit-smoking aid. Encourage the use of FDA-approved smoking-cessation medication among patients who want to quit. Additional information on strategies and support for quitting smoking can be found online at www.LAQuits.com or by calling 1-800-NO-BUTTS.

Update

At press time, the FDA proposed rules to strictly regulate electronic cigarettes, cigars, pipe tobacco, nicotine gels, water pipe tobacco, and hookahs. After a 75-day public comment period (starting April 25, 2014), the proposed rules include the following:

- Setting the age limit to buy the products to be at least 18 years (states can set it higher)
- Health warnings required on all products
- Sale of the products in vending machines would be prohibited
- Manufacturers would be required to register all of their products and ingredients with the FDA
- Manufacturers would only be able to market new products after an FDA review
- Manufacturers would need to provide scientific evidence before making any claims of risk reduction tied to use of their product. 

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Rx for Prevention is published 10 times a year by the Los Angeles County Department of Public Health. If you would like to receive this newsletter by e-mail, go to www.publichealth.lacounty.gov and subscribe to the ListServ for *Rx for Prevention*.

Rx for Prevention

Promoting health through prevention in Los Angeles County

Upcoming Training

Immunization Training: 2014 Adult Immunization Schedule

The Los Angeles County Department of Public Health Immunization Program is offering a 2-hour CEU training titled "2014 Adult Immunization Schedule" at no charge to providers. Topics include adult immunization schedule updates and recommendations for vaccinating medically high-risk adults and health care personnel.

To register or learn more about other trainings sponsored by the Immunization Program, visit www.publichealth.lacounty.gov/ip/trainconf.htm or call (213) 351-7800.

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Index of Disease Reporting Forms

All case reporting forms from the LA County Department of Public Health are available by telephone or Internet.

**Reportable Diseases & Conditions
Confidential Morbidity Report**
Morbidity Unit (888) 397-3993
Acute Communicable Disease Control
(213) 240-7941
www.publichealth.lacounty.gov/acd/reports/CMR-H-794.pdf

**Sexually Transmitted Disease
Confidential Morbidity Report**
(213) 744-3070
www.publichealth.lacounty.gov/dhsp/ReportCase.htm (web page)
www.publichealth.lacounty.gov/dhsp/ReportCase/STD_CMCR.pdf (form)

Adult HIV/AIDS Case Report Form
For patients over 13 years of age at time of diagnosis
Division of HIV and STD Programs
(213) 351-8196
www.publichealth.lacounty.gov/dhsp/ReportCase.htm

Pediatric HIV/AIDS Case Report Form
For patients less than 13 years of age at time of diagnosis

Pediatric AIDS Surveillance Program
(213) 351-8153
Must first call program before reporting
www.publichealth.lacounty.gov/dhsp/ReportCase.htm

**Tuberculosis Suspects & Cases
Confidential Morbidity Report**
Tuberculosis Control (213) 745-0800
www.publichealth.lacounty.gov/tb/forms/cmcr.pdf

Lead Reporting
No reporting form. Reports are taken over the phone.
Lead Program (323) 869-7195

Animal Bite Report Form
Veterinary Public Health (877) 747-2243
www.publichealth.lacounty.gov/vet/biteintro.htm

**Animal Diseases and Syndrome
Report Form**
Veterinary Public Health (877) 747-2243
www.publichealth.lacounty.gov/vet/disintro.htm

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